

# Covered Under Health Care Reform



## Covered Preventive Services for Adults

**Abdominal aortic aneurysm screening:** men

**Alcohol misuse:** screening and counseling

**Aspirin use:** adults ages 50–59 with risk of cardiovascular disease

**Cholesterol screening for adults of certain ages**

**Colorectal cancer screening:** regular screenings for adults ages 45–75, selective screenings for adults ages 76–85

**Consultation for screening colonoscopy**

**Depression screening Diabetes screening:** adults with high blood pressure

**Falls prevention:** adults 65 years or older—Vitamin D and exercise or physical therapy

**Healthy diet and physical activity counseling:** adults with cardiovascular disease risk factors

**Hepatitis B screening:** adults at increased risk

**Hepatitis C virus infection screening:** adults ages 18–79

**HIV pre-exposure prophylaxis (PrEP)**

**HIV screening**

**Hypertension screening:** adults ages 18 or older without known hypertension

Immunization vaccines:

- Hepatitis A
- Hepatitis B
- Herpes Zoster
- Human Pappillomavirus
- Influenza
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal
- Tetanus, Diphtheria, Pertussis
- Varicella

**Lung cancer Screening:** adults age 50–80 with 20 pack-year smoking history and currently smoke or who have quit within the past 15 years.

Under the Affordable Care Act, certain preventive services and medications are covered at no cost<sup>1</sup> to the member when administered by an in-network plan physician or pharmacy.

**Male condoms**

**Prediabetes and type 2 diabetes screening:**

asymptomatic adults ages 35–70 who are overweight or obese

**Statin medications:** adults ages 40–75 with no history of cardiovascular disease who have one or more risk factors and calculated 10-year risk

**STI counseling:** adults at increased risk

**Syphilis screening**

**Tobacco use counseling, generic and over-the-counter medications, and cessation interventions**

**Tuberculosis screening**

**Unhealthy drug use:** adults ages 18 and older

## Covered Preventive Services for Women, Including Pregnant Persons

**Anemia screening:** pregnant persons

**Aspirin use:** after 12 weeks of gestation in women who are at high risk for preeclampsia

**Bacteriuria screening**

**Behavioral health counseling for healthy weight and weight gain in pregnancy**

**BRCA risk assessment and genetic counseling/screening**

**Breast cancer chemoprevention counseling**

**Breast cancer preventive medication**

**Breast cancer screening:** women over age 40

**Breast feeding support and counseling**

**Cervical cancer screening**

**Chlamydia infection screening**

An office visit copayment may be charged to health plan members for some services.

<sup>2</sup>Select medications only are covered at no cost to the member. Please contact member services

<sup>1</sup>or pharmacy services at the number on the back of your member ID card for more information.

## Covered Preventive Services for Women, Including Pregnant Persons (continued)

**Contraception:** All Food and Drug Administration-approved contraceptive methods and intrauterine devices (IUD); sterilization procedures including tubal ligations and Essure; and patient education and counseling; not including abort/facient drugs. Generic oral contraceptives are eligible for 100% coverage. Please visit [sentarahealthplans.com](https://www.sentarahealthplans.com) to determine member cost share for brand name oral contraceptives.

**Decision making/sharing by clinicians with women at increased risk for breast cancer**

**Depression screening**

**Double electric breast pumps, parts, and milk storage supplies**

**Folic acid supplementation**

**Gestational diabetes screening: asymptomatic pregnant persons at 24 weeks of gestation or after**

**Gonorrhea screening**

**Hepatitis B screening at first prenatal visit**

**HIV screening: pregnant persons**

**HPV test**

**Intimate partner violence screening and counseling**

**Lactation support and counseling**

**Osteoporosis screening: postmenopausal women younger than 65 at increased risk, and women over 65 or at high risk**

**Perinatal depression counseling and interventions**

**Preeclampsia screening and prevention**

**Rh incompatibility screening: first pregnancy visit and between 24 and 28 weeks gestation**

**Syphilis screening**

**Weight and nutrition counseling: women ages 40-60**

**Well-woman visits**

**Tobacco counseling and intervention**

## Covered Preventive Services for Children

**Alcohol and drug use assessments**

**Autism screening: children at age 18 and 24 months**

**Behavioral assessments**

**Blood pressure screening**

**Cardiac disease screening: at-risk children and adolescents ages 11-21**

**Cervical dysplasia screening: sexually active females**

**Congenital hypothyroidism screening: newborns**

**Dental cavities prevention: infants and children up to age five years**

**Depression screening: adolescents**

**Developmental screening: children under age three, and surveillance throughout childhood**

**Dyslipidemia screening: children at high risk of lipid disorders**

**Gonorrhea prophylactic medication: newborns**

**Hearing loss screening: newborns**

**Height, weight, and body mass index measurements**

**Hematocrit or hemoglobin screening**

**Hemoglobinopathies screening: newborns**

**Hepatitis B infection screening: ages newborn-21**

**Hepatitis C virus infection screening: adolescents**

**HIV screening**

**Immunization vaccines:**

- Diphtheria, Tetanus, Pertussis
- Haemophilus influenza type b
- Hepatitis A
- Hepatitis B
- Human Papillomavirus
- Inactivated Poliovirus
- Influenza
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal
- Rotavirus
- Varicella

**Iron Supplementation**

**Lead screening: for children at risk of exposure**

**Medical history**

**Obesity screening: children and adolescents**

**Oral fluoride supplementation: starting at age six months for children whose water supply is fluoride deficient**

**Oral health risk assessment**

**Phenylketonuria (PKU) screening: newborns**

**Skin cancer behavioral counseling: children, adolescents and young adults ages 10-24 years old**

**STI prevention counseling and screening: for all sexually active adolescents**

**Suicide risk screening: ages 12-21**

**Tobacco use interventions: school-aged children and adolescents**

**Tuberculin testing for children at higher risk of tuberculosis**

**Visual acuity screening**

Sentara Health Plans is a trade name of Sentara Health Plans, Sentara Health Insurance Company, Sentara Health Administration, Inc., and Sentara Behavioral Health Services, Inc.

v0923