

Diabetes coverage that fits your needs.



Diabetes Coverage

Sentara Health Plans offers a variety of benefits to manage diabetes and stay healthy.

Coverage Details

Coverage includes benefits for FDA-approved equipment and supplies for the treatment of insulin-dependent diabetes, insulin-using diabetes, gestational diabetes, and non-insulin-using diabetes if prescribed by a healthcare professional legally authorized to prescribe such items.

Insulin pumps, pump infusion sets and supplies, outpatient self-management training and education, and nutritional therapy are covered under the Plan's medical benefits.

Pre-Authorization is required for insulin pumps, pump infusion sets and supplies.

Insulin, needles, syringes, and testing supplies (test strips, lancets, lancet devices, blood glucose meters, control solution, continuous blood glucose monitors, sensors, and supplies)



are covered under the Plan's pharmacy benefits. Members can pick up supplies at any network pharmacy or may continue to receive their diabetic supplies through Edgepark pharmacy, a valid prescription from their prescriber is required. LifeScan products are the preferred brand.

An annual diabetic eye exam is covered when received from a Sentara Health Plans provider or a participating VSP Provider.

Sentara Health Plans also covers in-person outpatient self-management training and education - including medical nutrition therapy. Training must be provided by a certified, registered, or licensed healthcare professional. Members may call 1-800-SENTARA for information on training and educational classes.

Members are responsible for all applicable copayments, coinsurances, and any deductibles depending on the type and place of service as listed on the Plan's Benefit Summary.

**For more information,
visit sentarahealthplans.com/members**

Sentara Health Plans is a trade name of Sentara Health Plans, Sentara Health Insurance Company, Sentara Health Administration, Inc., and Sentara Behavioral Health Services, Inc.